



Mike Shady
 USBC Hall of Fame
 PBA Nat'l Champion
 Team USA Coach



MIKE SHADY
 BOWLING



Andy Diercks
 Team USA Coach
 Head Coach
 Mount Mercy
 University

2021 CAMP

Sunday, June 27, 2021

Ten Pin Alley, 6285 Nesbitt Road, Fitchburg, WI (608) 845-1010

www.tenpinalleys.com

Session #1 - 9:00 am – 12:00 pm

Session #2 – 12:30 pm – 3:30 pm

Cost: \$150 per session

Training Topics Include (same each session):

Physical Game Development

- 7 Secrets to Peak Performance
- Developmental Skill Drills
- Video Analysis
- Personal Growth Plan

Mental Game Development

- Develop a Pre & Post Shot Routine
- The “Secret” in staying relaxed
- Present Moment Focus (Release)
- Become a One-Shot Warrior

Register Online at:
www.mikeshadybowling.com
Ten Pin Alley– see Bill or Chris
coachshady@gmail.com
Contact: Mike Shady
 (814) 397-9475

