



Mike Shady
USBC Hall of Fame
PBA Nat'l Champion
Team USA Coach



MIKE SHADY
BOWLING



Andy Diercks
Team USA Coach
Mount Mercy
College Head Coach

Specto & Strike Seeker Skills Camp

August 4, 2023

May City Lanes

1648 Trent St SW, Cedar Rapids, Iowa

www.maycitybowlcr.com

Session #1 - 10:00 am – 1:00 pm

Session #2 – 1:30 pm – 4:30 pm

Training Includes:

- Physical Development
- Developmental Skill Drills
- Video Analysis w/voice over
- RPM calculation
- Specto Summary Printout:
 - Accuracy, speed, angle, etc
 - Zonal proficiency
 - 10 Data Points

3 New Bowling Balls Offered To Optimize Arsenal & Lane Conditions



Brunswick Mindset



Hammer Black Widow 2.0 Hybrid



Ebonite GB 4 Hybrid

Camp Fee:

- \$ 150.00 without bowling ball
- \$ 250.00 with one bowling ball
- \$ 350.00 with two bowling balls
- \$ 450.00 with three bowling balls

Register Online at:

www.mikeshadybowling.com

coachshady@gmail.com

**Contact: Mike Shady
Andy Diercks**