



Mike Shady
USBC Hall of Fame
PBA Nat'l Champion
Team USA Coach



MIKE SHADY
BOWLING



Andy Diercks
Team USA Coach
Head Coach
Mount Mercy
University

SPECTO CAMP

Sunday, July 18, 2021
Manor Lanes

112 Hopwood Fairchance Rd, Hopwood, PA (724) 438-9015

www.manorlanesbowling.com

Session #1 - 9:00 am – 12:00 pm

Session #2 – 12:30 pm – 3:30 pm

Cost: \$150 per session

SPECTO Training Includes (same each session):

- Physical Development
- Developmental Skill Drills
- Video Analysis
- Personal Growth Plan
- Define Strengths and Weaknesses Through Specto Data Points
- Measure Accuracy (Ball Tracking)
- Analyze Skid-Hook-Roll Ball Motion

Register Online at:

www.mikeshadybowling.com

Manor Lanes– see Dave or Tyler

coachshady@gmail.com

Contact: Mike Shady
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