



Mike Shady
 USBC Hall of Fame
 PBA Nat'l Champion
 Team USA Coach



MIKE SHADY
 BOWLING



Matt Farber
 Former Team USA
 Gold Medal
 KR StrikeForce

Specto Skills Camp
August 11, 2023
Colonial Lanes

1828 14th St NW, Rochester, MN (507) 289-2341

Session #1 - 9:00 am – 12:00 pm

Session #2 – 12:30 pm – 3:30 pm

SPECTO Training Includes (same each session):

- Physical Development
- Define Strengths and Weaknesses
- Developmental Skill Drills
- Through Specto - **10** Data Points
- Video Analysis
- Measure Accuracy (Ball Tracking)

3 New Bowling Balls Offered To Optimize Arsenal & Lane Conditions



Brunswick Mindset



Hammer Black Widow 2.0 Hybrid



Ebonite GB 4 Hybrid

Camp Fee:

- \$ 150.00 without bowling ball
- \$ 250.00 with one bowling ball
- \$ 350.00 with two bowling balls
- \$ 450.00 with three bowling balls

Register at:

www.mikeshadybowling.com
coachshady@gmail.com
Timothy.arnold@tripleshift.com

